



Child, Adolescent and Adult Psychiatry Clinical Telemedicine Consultations

The following is a listing of clinical conditions appropriate for clinical telehealth psychiatry consultations. If you would like to refer a patient with a condition which is not listed below, please send your request with the patient's chart notes to the telehealth coordinator for the specialist's consideration.

Clinical Conditions:

Stress/Anxiety

Acute stress: grief, loss or other
Anxiety/panic

Mood

Depression
Bipolar disorder

Somatic

Pain
Physical focus (hypochondriasis,
conversion)

Cognitive Attention
deficit Confusion
(delirium) Dementia
Head trauma

Psychosis

Schizophrenia

Other

Diagnostic evaluation (general)
Eating disorders: anorexia, bulimia
Impulsivity
Anger/agitation/aggression
Hyperactivity
Substance use

Appointment Scheduling:

New: 60 min (40 min pt, 10 min PCP)
F/U: 30 min (15 min pt, 5 min PCP)

Level of Presenter Required:

New: option to introduce; requires 10 minutes
at end of visit
F/U: requires 5 minutes at end of the visit

**Must have staff available in case of an
emergency!**

Video Equipment Required:

1. Videoconferencing unit

The following information must be received prior to scheduling an appointment:

1. Telehealth Referral Request Form
2. Medication list
3. Medical problem list

The following must be received before the consult begins:

1. Signed NCTP Acknowledgement of Receipt:
Notice of Privacy Practices form (new patients
only)
2. Documented verbal consent from patient for
participation in telehealth consultation.