



Nutrition Clinical Telemedicine Consultations

The following is a listing of clinical conditions appropriate for clinical telehealth nutrition consultations. If you would like to refer a patient with a condition which is not listed below, please send your request with that patient's chart notes to the telehealth coordinator for the specialist's consideration.

Clinical Conditions:

Diabetes (Types I and II, Gestational)
Hyperlipidemia
Obesity
Post-Bariatric Surgery (> 1 year from surgery)
Polycystic Ovarian Syndrome
Hypertension
Congestive Heart Failure
Food Allergies
GI disease (Pancreatic Insufficiency,
Diverticulosis, IBS, IBD, Celiac Sprue)
Pediatric Nutrition
Malnutrition/Failure to Thrive
Renal disease
Enteral Nutrition

Necessary Clinical Information includes:

Vitals: height, weight and blood pressure
Labs within last 6 months

Appointment Scheduling:

New: 60 minutes
F/U: 30 minutes

Level of Presenter Required:

No presenter required

Video Equipment Required:

Videoconferencing unit

The following information must be received prior to scheduling an appointment:

1. Telehealth Referral Request Form
2. See necessary clinical information in left column.

The following must be received before the consult begins:

1. Signed NCTP Acknowledgement of Receipt: Notice of Privacy Practices form (new patients only)
2. Documented verbal consent from patient for participation in telehealth consultation.