



Orthopaedics (soft tissue) Clinical Telemedicine Consultations

The following is a listing of clinical conditions appropriate for clinical telehealth orthopaedic consultations for soft tissue musculoskeletal injuries. If you would like to refer a patient with a condition which is not listed below, please send your request with that patient's chart notes to the telehealth coordinator for the specialist's consideration.

Clinical Conditions (Physician presenter required):

Concussion

Acute chronic shoulder injuries including:

Rotator cuff tendonitis
Shoulder dislocations
Brachial plexus injuries
Extensor tendonitis
Lateral epicondylitis of the elbow
Hand and wrist injuries

Acute and chronic knee injuries: Quadricep and calf hamstring injuries Patello femoral pain syndrome of the knee Meniscal injury of the knee
Acute chronic ankle injury
Plantar fasciitis of the foot

Medical conditions including:

Hypertension with exercise
Asthma with exercise
Chronic fatigue syndrome in athletes
Decreased exercise performance
Questions about clearance for sports participation

Appointment Scheduling:

New: 20 minutes
F/U: 20 minutes

Level of Presenter Required:

Physician or Medical Assistant. See listing of Clinical Conditions in left column.

Video Equipment Required:

Videoconferencing unit

The following information must be received prior to scheduling an appointment:

1. Telehealth Referral Request Form
2. Recent H&P, and all applicable clinical information from patient chart
3. Original X-rays/Images, if appropriate

The following must be received before the consult begins:

1. Signed NCTP Acknowledgement of Receipt: Notice of Privacy Practices form (new patients only)
2. Documented verbal consent from patient for participation in telehealth consultation.